

# Redefining the Optimal Retirement Income Strategy



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# REDEFINING THE OPTIMAL RETIREMENT INCOME STRATEGY

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## THE PURSUIT OF OUTPERFORMANCE

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- Key assumptions in retirement income projections (e.g., Monte Carlo simulations) have changed relatively little in three decades (e.g., most models rely on static models and success rates and the primary outcomes metrics).
- In this presentation, I'm going to walk through a cohesive series of models that both improve retirement income projections and could actually be implemented in financial planning tools.
- Since most of you aren't software engineers, I'm not expecting you to build new tools that do these things, rather seek out those that do these things and understand the limitations of your current tools (and how to work around them, as best as possible).

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Perspectives

OPEN ACCESS

## Redefining the Optimal Retirement Income Strategy

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This paper introduces a cohesive series of models designed to improve retirement income projections. First, the retirement income goal (i.e., liability) is decomposed based on assumed spending elasticity (e.g., "needs" and "wants"). Second, spending is assumed to evolve throughout retirement using a dynamic withdrawal strategy leveraging the funded ratio concept. Third, optimal strategies are determined using an expected utility model based on prospect theory, which also yields a client-friendly outcomes metric. Overall, this framework can result in advice and guidance that is notably different than models using more basic (and common) assumptions, especially approaches relying on probability of success-related metrics.

**Keywords:** financial planning; retirement; wealth management

**Disclosure:** PGIM DC Solutions is currently developing a series of solutions based on this research and methodologies.

PLCredits: 0.75

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Retirement is seldom as simple as assumed in research and financial planning tools. Too often, the retirement spending goal is assumed to be some constant (static) amount, in today's dollars (i.e., in real terms), where the efficacy of a given strategy is determined using metrics such as probability of success, which is the frequency with which the goal is completely accomplished in a given simulation. These flawed assumptions can result in estimates for required savings or retirement spending in research and financial planning tools that are significantly different than if a more realistic model is used.

In this paper, a cohesive series of models are introduced that are designed to improve retirement income projections. The models in this research are far more evolutionary, rather than revolutionary, given the decades of existing research in the retirement income space on these topics. This research is primarily focused on functional implementation, where the respective models introduced are designed to specifically address some of the more obvious shortfalls in existing models in a way that can be realistically (and practically) implemented.

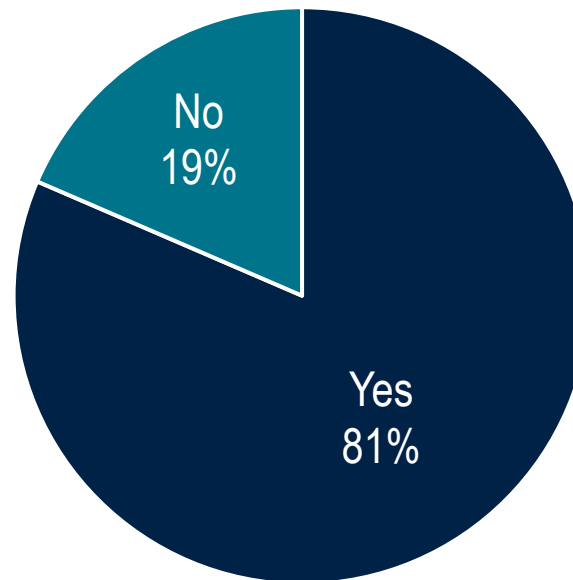
First, we decompose the retirement spending goal (liability) into two separate goals: needs and wants, which reflects the fact that retirees typically have varied levels of elasticity (or required certainty) associated with different types of expenditures. For example, spending on travel is generally more flexible than spending on healthcare. Second, we introduce a model where spending levels (i.e., portfolio withdrawals) evolve throughout retirement based on how the retiree's funded ratio (i.e., financial situation) changes over time. This approach can explicitly incorporate nonconstant cash flows, which is a key weakness of most existing approaches. Third, an expected utility model based on prospect theory is introduced to determine optimal strategies that better capture the expected satisfaction associated

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# WHERE WE ARE TODAY

# The Rise of Monte Carlo

**Question: Do you use Monte Carlo projections as part of your financial plans for retirement?**



Source: Results of a PGIM Pulse poll of financial advisors fielded between January 13th and January 19th, 2023 with 189 respondents. Projections are not guaranteed and subject to change.

# Embrace the Uncertainty!



Shown for illustrative purposes only.

# Static vs. Dynamic Retirement Models

Most Existing  
Market Solutions

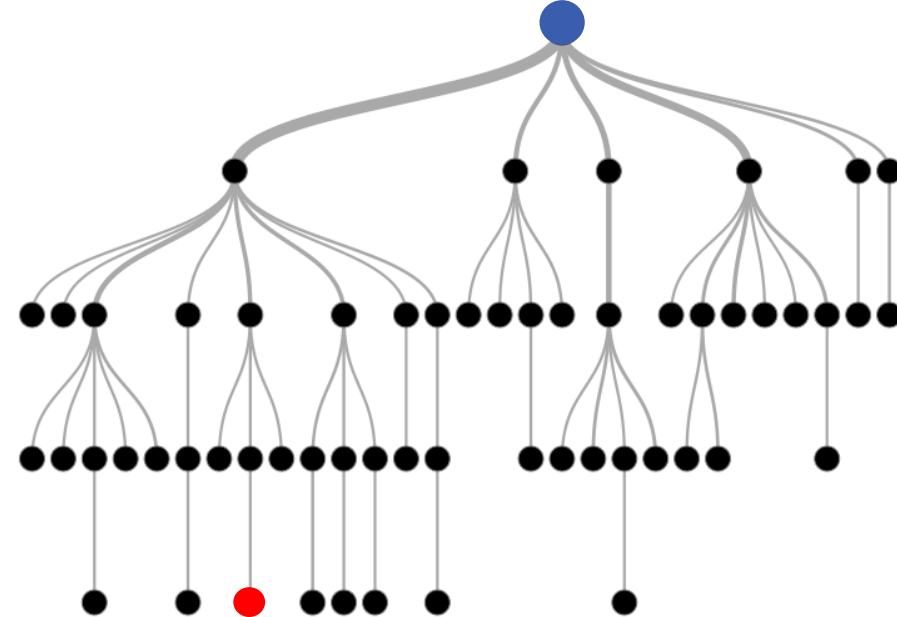
Retirement



Outcome

Reality

Retirement

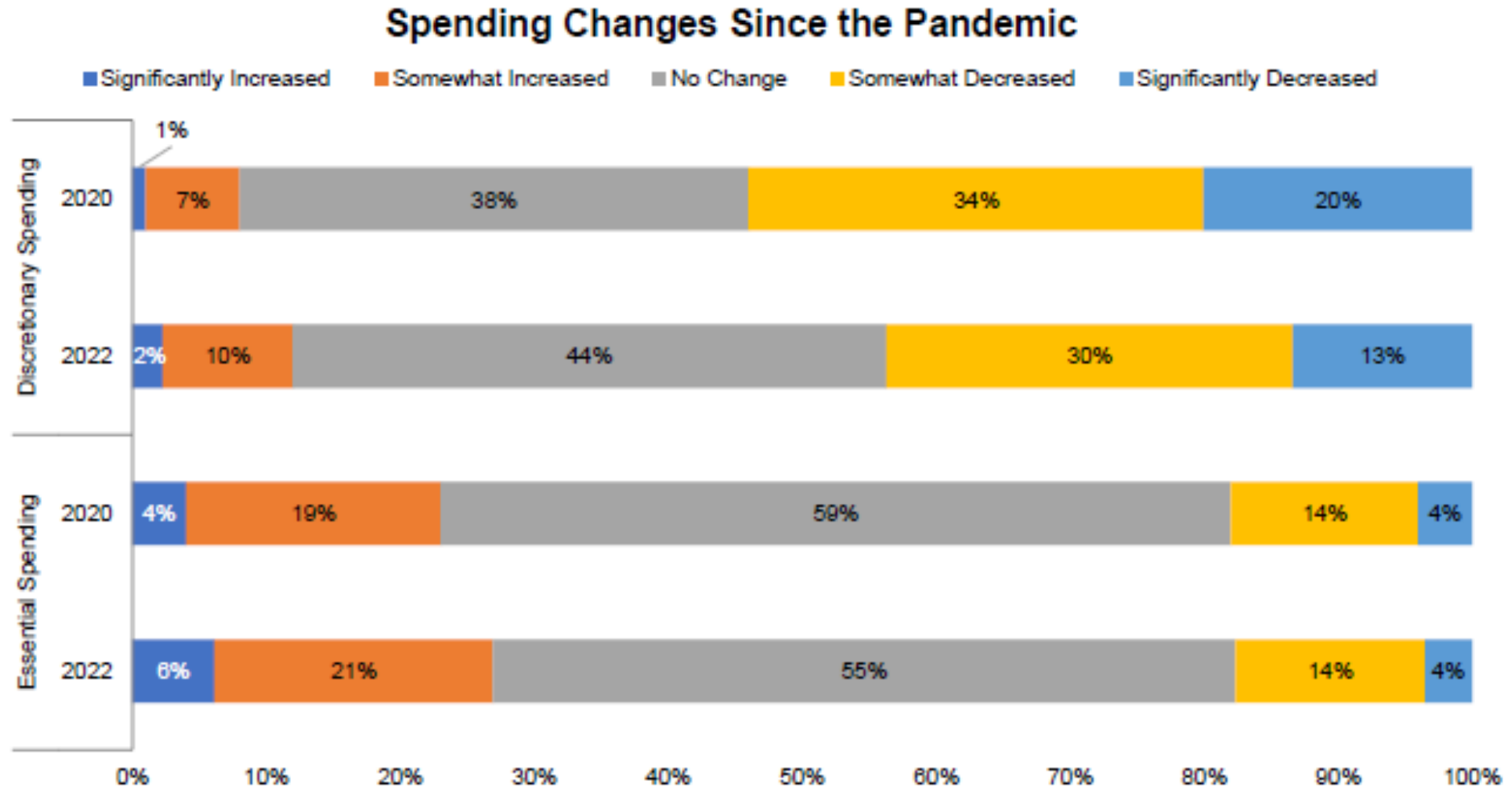


Outcome

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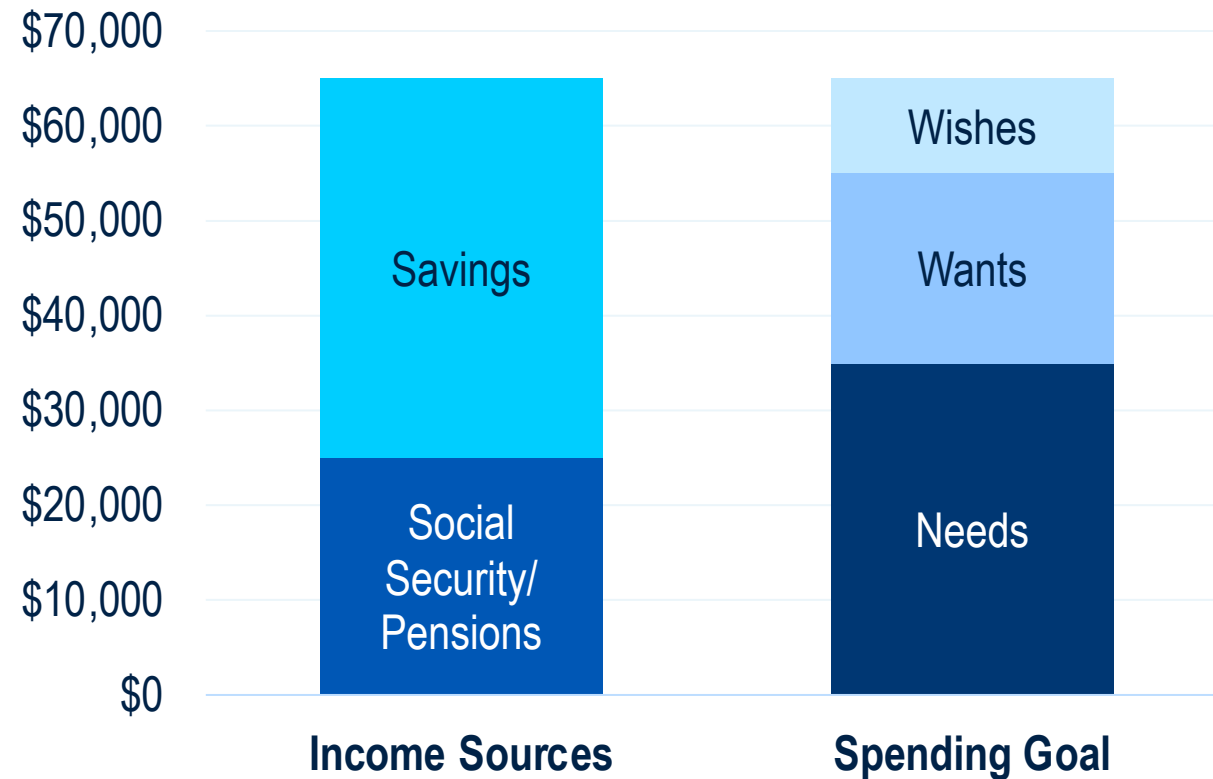


# Retirees Have the Capacity to Adjust Spending



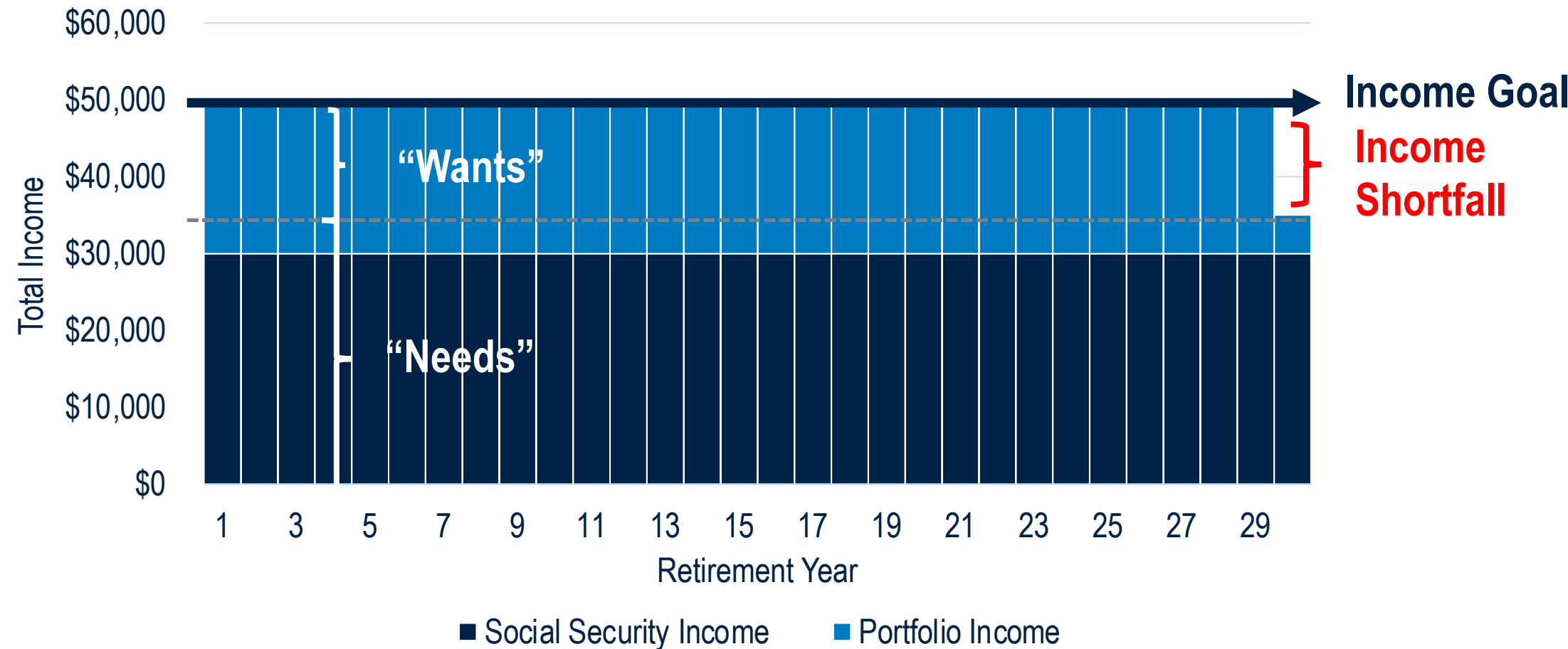
Source: “2022 Spending in Retirement Survey: Understanding the Pandemic’s Impact” by Bridget Bearden. EBRI White Paper.  
Available here: [https://www.ebri.org/docs/default-source/ebri-issue-brief/ebri\\_ib\\_572\\_spendinginret-6oct22.pdf?sfvrsn=bba5382f\\_6](https://www.ebri.org/docs/default-source/ebri-issue-brief/ebri_ib_572_spendinginret-6oct22.pdf?sfvrsn=bba5382f_6).

# The (Marginal) Role of Savings Funding Retirement Income



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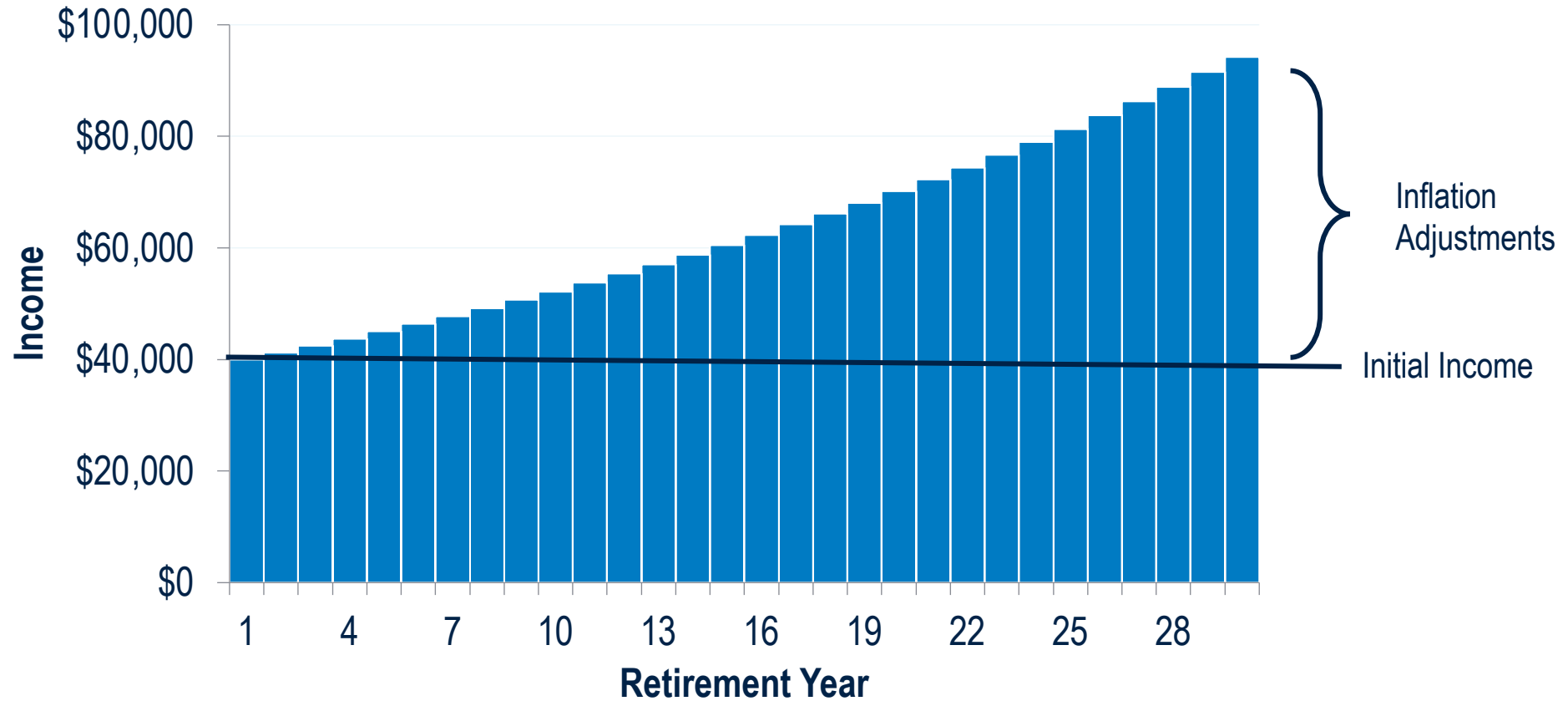
# The Probability of Success Ignores the Magnitude of Failure



Shown for illustrative purposes only. Source: PGIM DC Solutions.

# DECOMPOSING THE RETIREMENT LIABILITY

# Spending in Retirement: The 4% Rule



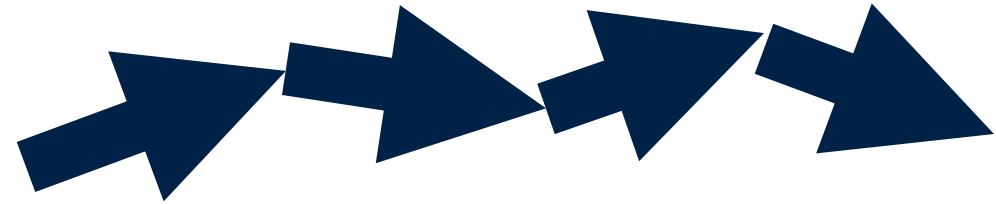
Shown for illustrative purposes only. Source: PGIM DC Solutions.

# Soft vs. Hard Liabilities

**Hard Liabilities**



**Soft Liabilities**



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# Retiree Spending Flexibility Varies by Expenditure

Perceived Ability to Cut Back On Various Expenditures During Retirement

| Spending Group          | 0% - Not willing to cut back | Reduce by 1% to 24% | Reduce by 25% to 50% | Reduce by >= 50% |
|-------------------------|------------------------------|---------------------|----------------------|------------------|
| Food (at home)          | 29%                          | 42%                 | 21%                  | 7%               |
| Food (away from home)   | 12%                          | 41%                 | 25%                  | 20%              |
| Housing                 | 31%                          | 29%                 | 22%                  | 12%              |
| Vehicles/Transportation | 13%                          | 46%                 | 26%                  | 13%              |
| Vacations/Entertainment | 14%                          | 36%                 | 25%                  | 20%              |
| Utilities               | 31%                          | 45%                 | 16%                  | 8%               |
| Healthcare              | 43%                          | 30%                 | 17%                  | 8%               |
| Clothing                | 6%                           | 44%                 | 25%                  | 22%              |
| Insurance               | 32%                          | 40%                 | 19%                  | 8%               |
| Charity                 | 18%                          | 31%                 | 12%                  | 19%              |

Source: PGIM survey of 1,500 respondents sourced via a Toluna consumer panel from September 20-27, 2021 of individuals between the ages of 50-70 currently working full-time and participating in an employer sponsored.

# Retirees Can Withstand a Spending Drop (to Varying Degrees)

## Impact of a 20% Spending Drop on Retirement Lifestyle

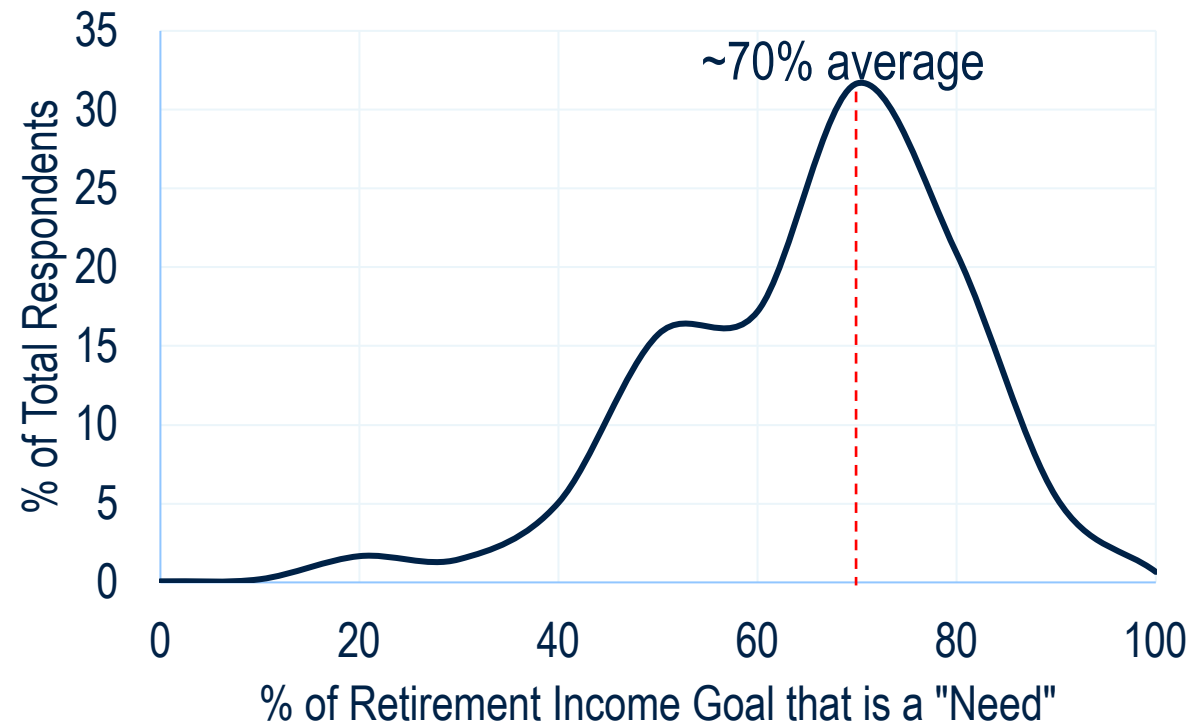
|  |     |
|--|-----|
| Little or no effect                              | 9%  |
| Few changes, nothing dramatic                    | 31% |
| Some Changes, but can be accommodated            | 45% |
| Substantial changes and considerable sacrifices  | 13% |
| Devastating would fundamentally change lifestyle | 2%  |

Source: PGIM survey of 1,500 respondents sourced via a Toluna consumer panel from September 20-27, 2021 of individuals between the ages of 50-70 currently working full-time and participating in an employer sponsored.



# Retiree Spending Flexibility Varies

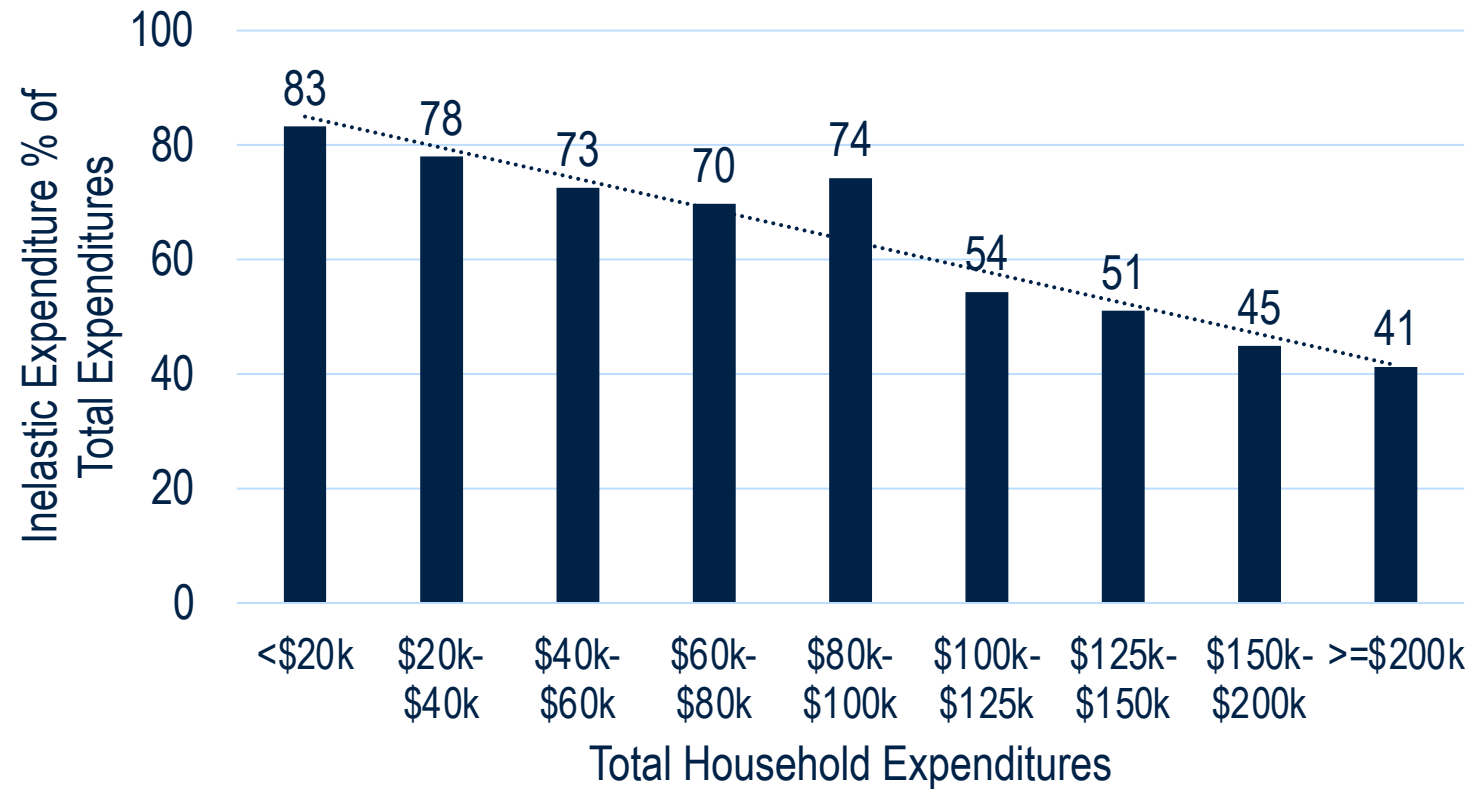
## Distribution of Responses Regarding the Composition of a Retirement Goal That Is “Need” vs. “Want”



Source: PGIM survey of 1,500 respondents sourced via a Toluna consumer panel from September 20-27, 2021 of individuals between the ages of 50-70 currently working full-time and participating in an employer sponsored.

# Spending Flexibility Increases at Higher Spending Levels

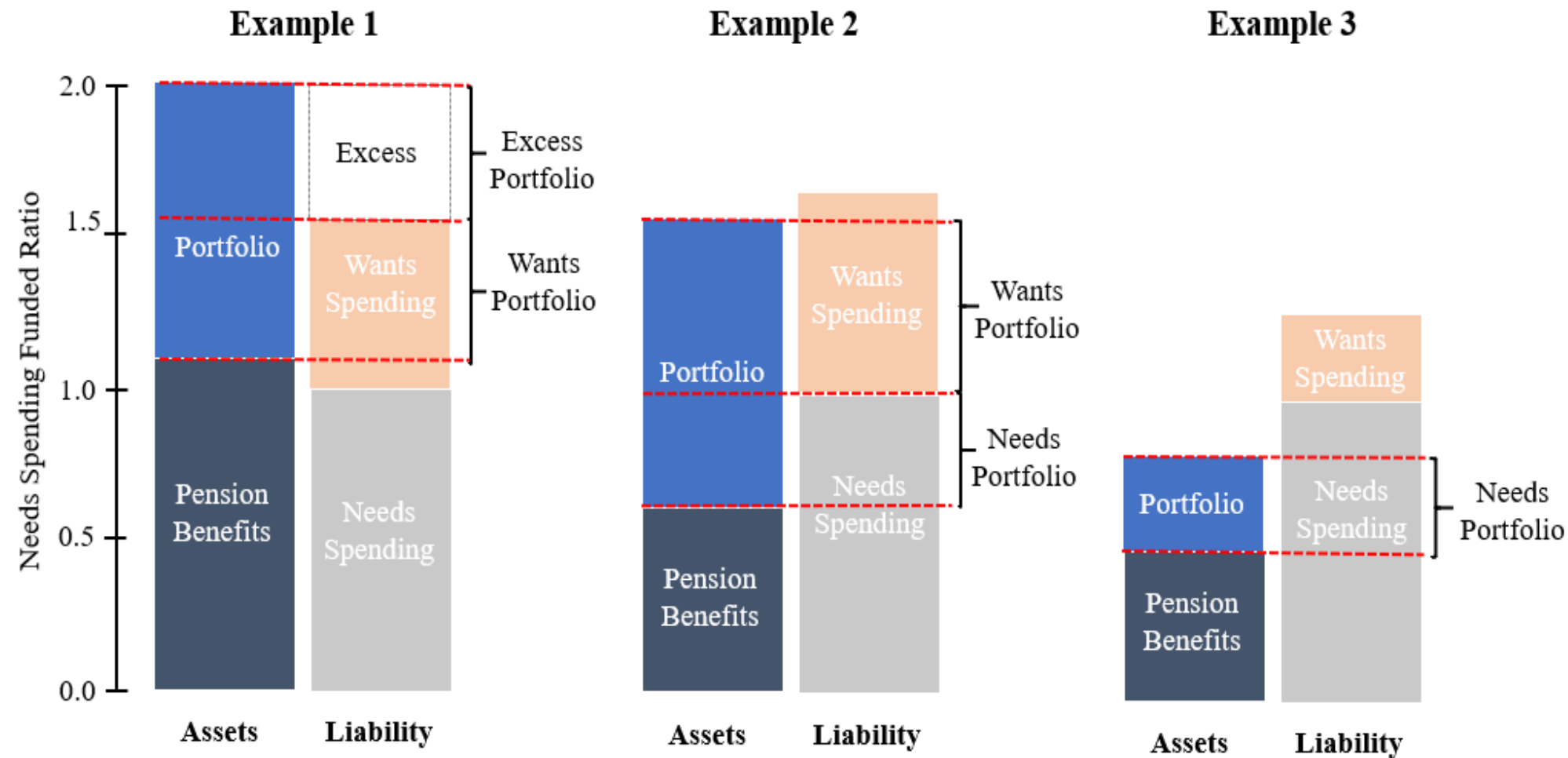
Estimated Percentage of Total Expenditures that are Inelastic/Essential



Source: “Redefining the Optimal Retirement Income Strategy” by David Blanchett. Published on 15 Dec 2022 in the *Financial Analysts Journal*.

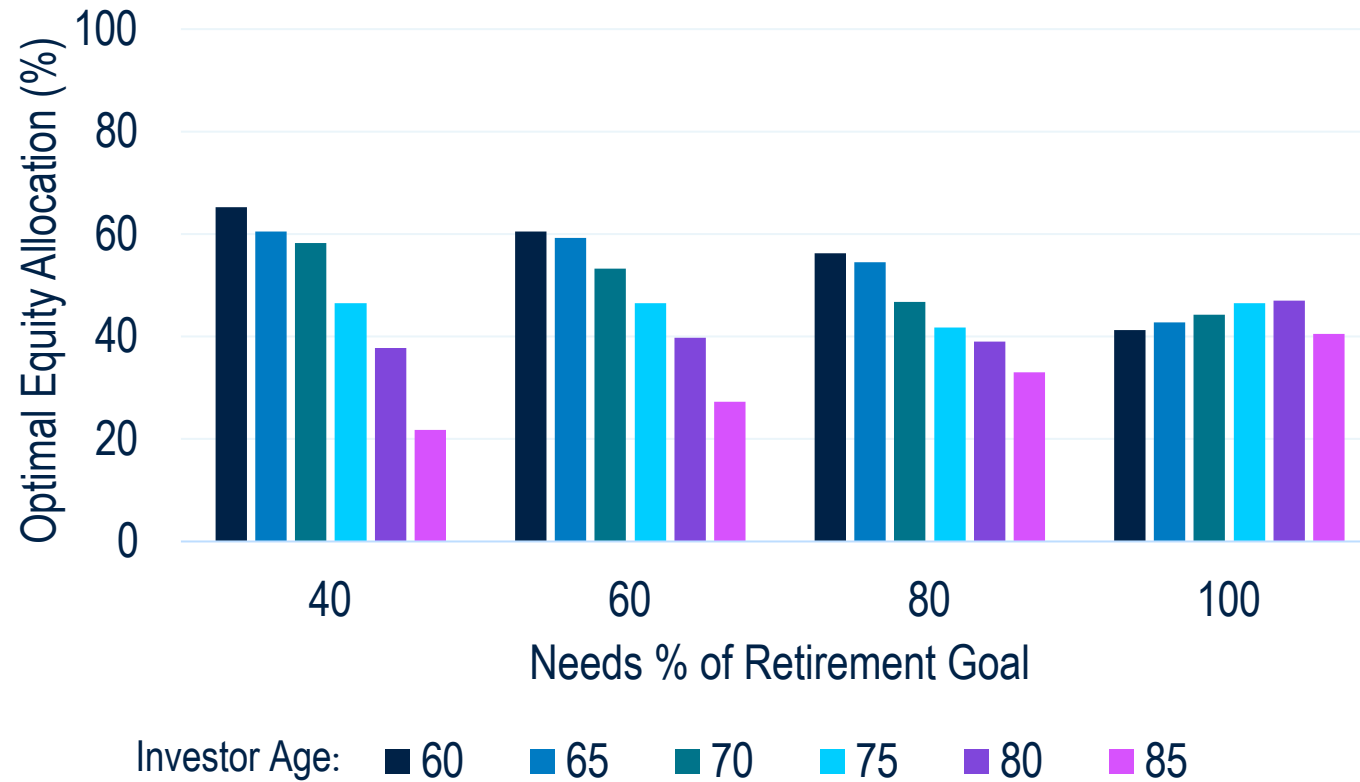
Expenditure data from the 2020 Interview file of the Consumer Expenditure Survey (CES). Dataset only includes respondents between the ages of 65 and 80 (inclusive) where the household is coded as being retired. Expenditures are categorized as being either elastic or inelastic.

# Decomposing the Income Goal: Asset Liability Mapping



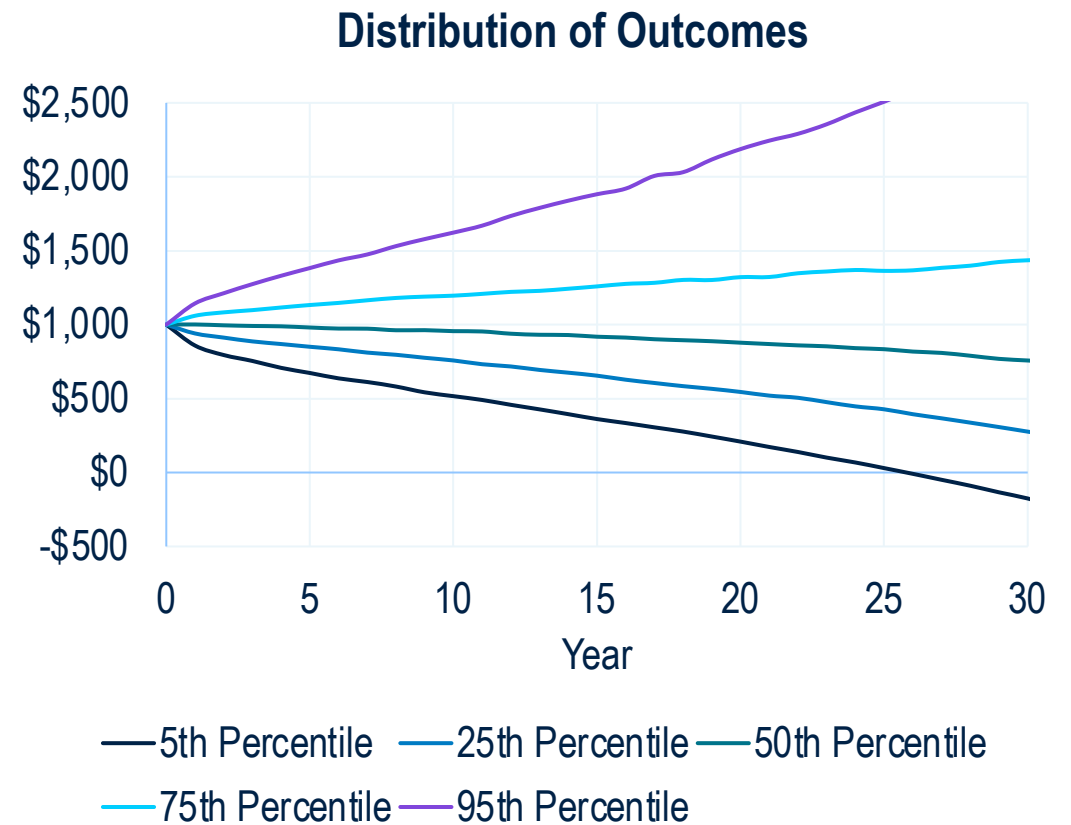
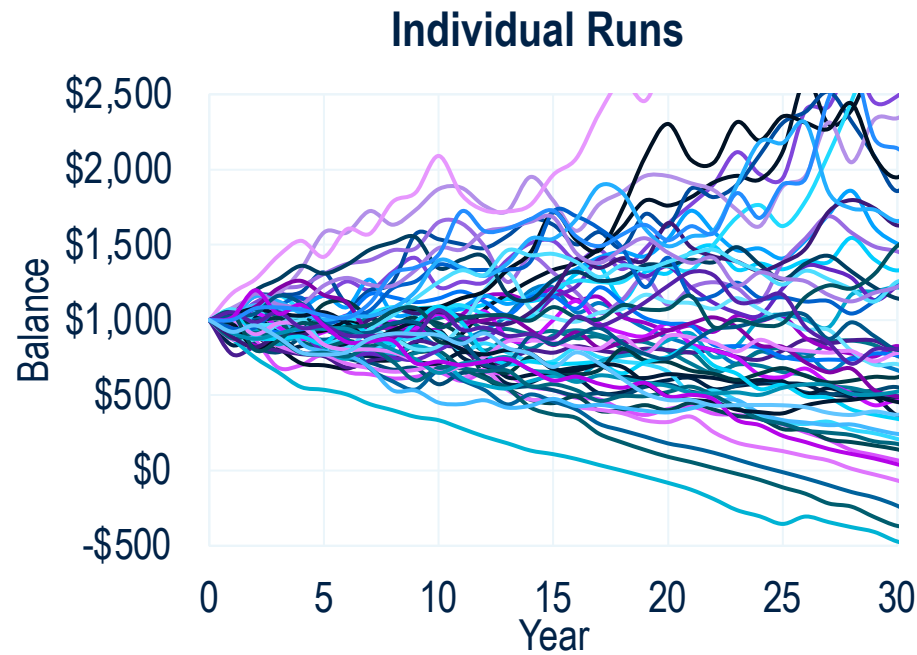
Source: “Redefining the Optimal Retirement Income Strategy” by David Blanchett. Published on 15 Dec 2022 in the *Financial Analysts Journal*.

# How Optimal Equity Allocations Vary by Spending Flexibility

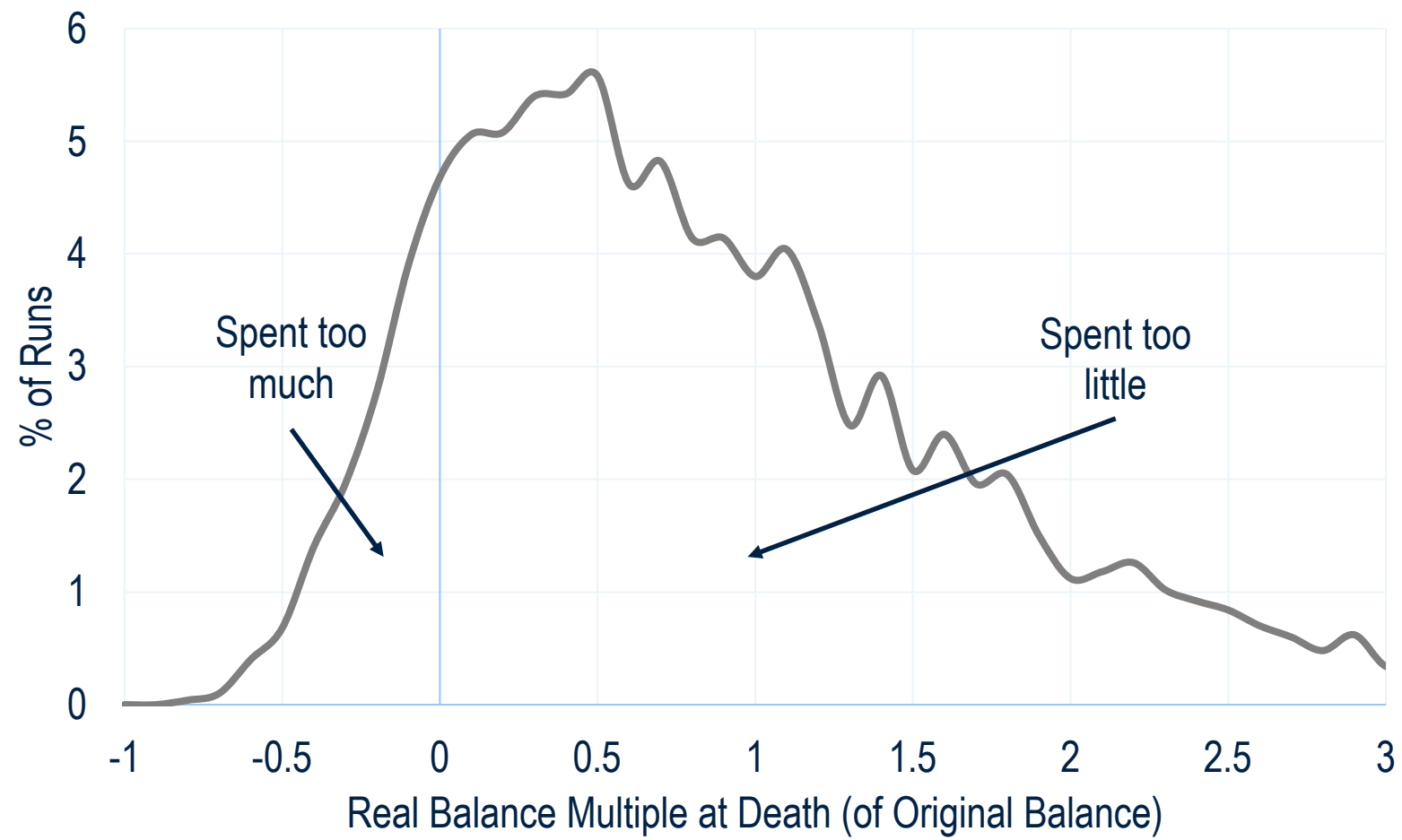


# A MORE REALISTIC RETIREMENT SPENDING MODEL

# The Evolution of Retirement Wealth in a Monte Carlo Simulation with Static Withdrawals

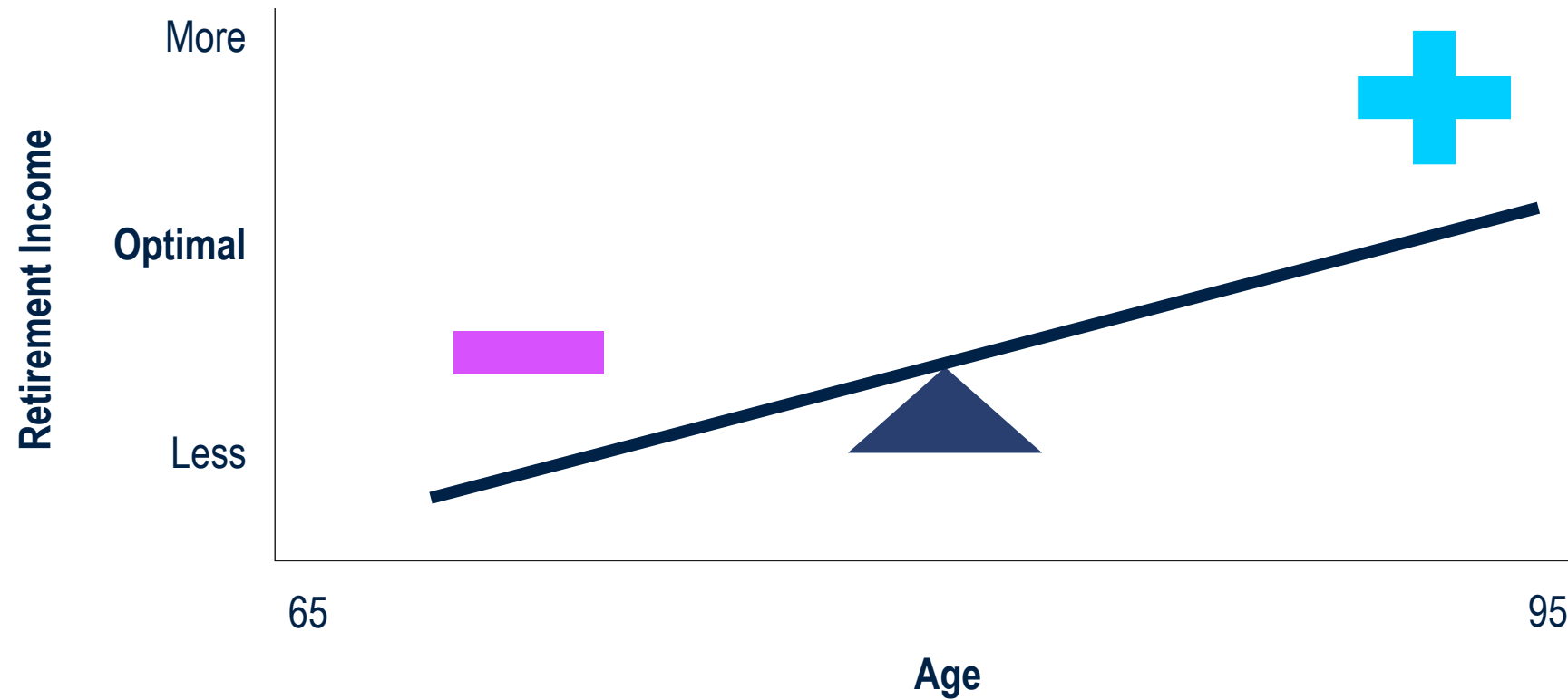


# Distribution of Balance at Death for Static Withdrawals



Shown for illustrative purposes only. Source: PGIM DC Solutions.

# This is a Different Type of “Failure”





# Static vs. Dynamic Spending Models

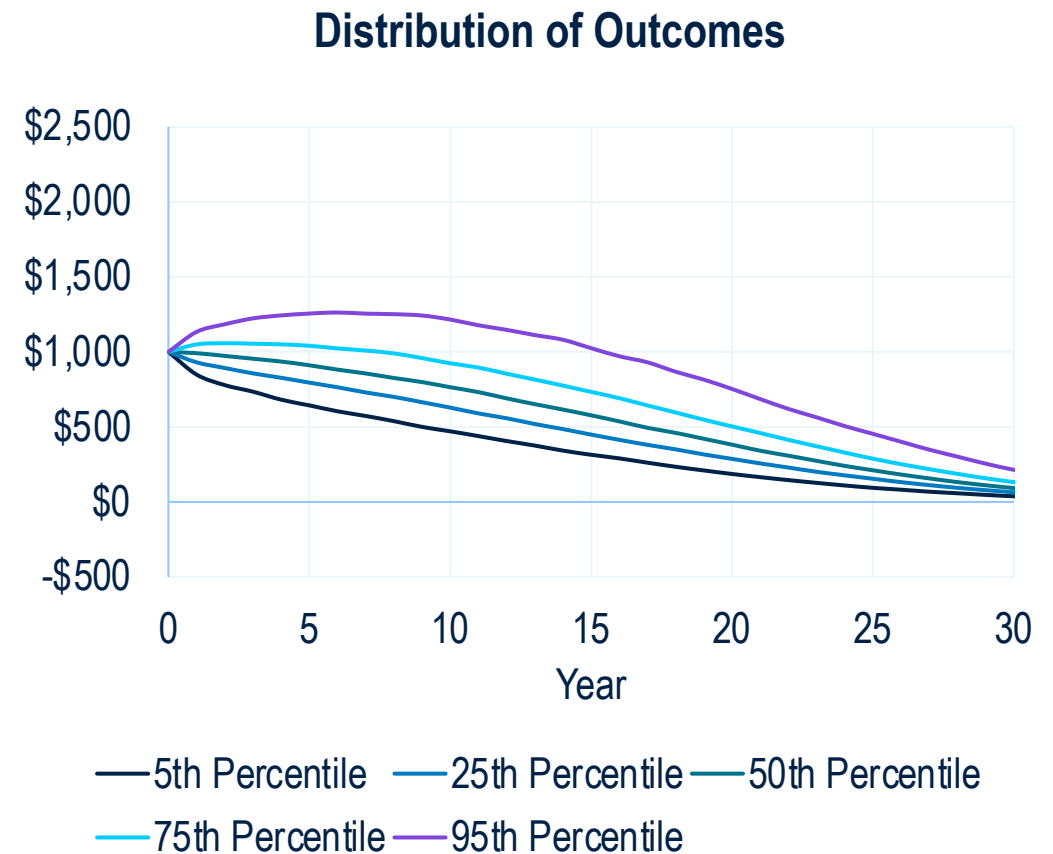
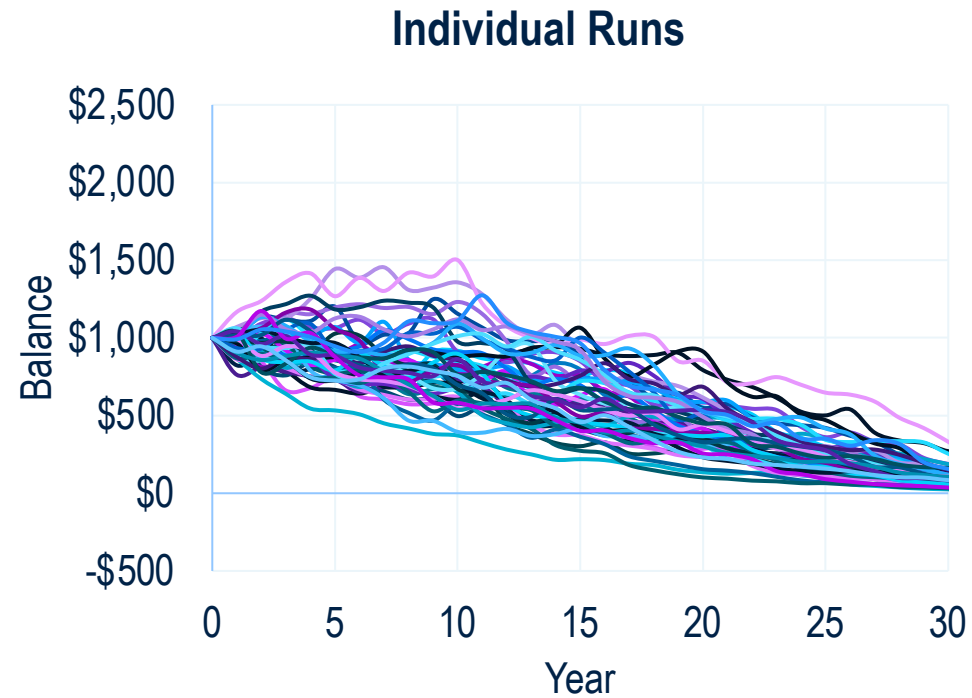
- Earliest retirement spending research (e.g., Bengen 1994) assumed retiree spending was effectively static (i.e., completely inelastic)
- More recent research (last ~two decades) has introduced a variety of dynamic spending models, where the assumed portfolio withdrawal (i.e., retiree spending/consumption) is adjusted throughout retirement, based on various criteria (primarily portfolio performance)
- While many dynamic spending models provide useful research insights, most cannot (easily) be implemented in financial planning tools because they are computationally intense or do not adequately consider the variations in client scenarios (e.g., cannot consider nonconstant cash flows)

# ~Easy Dynamic Spending Rule

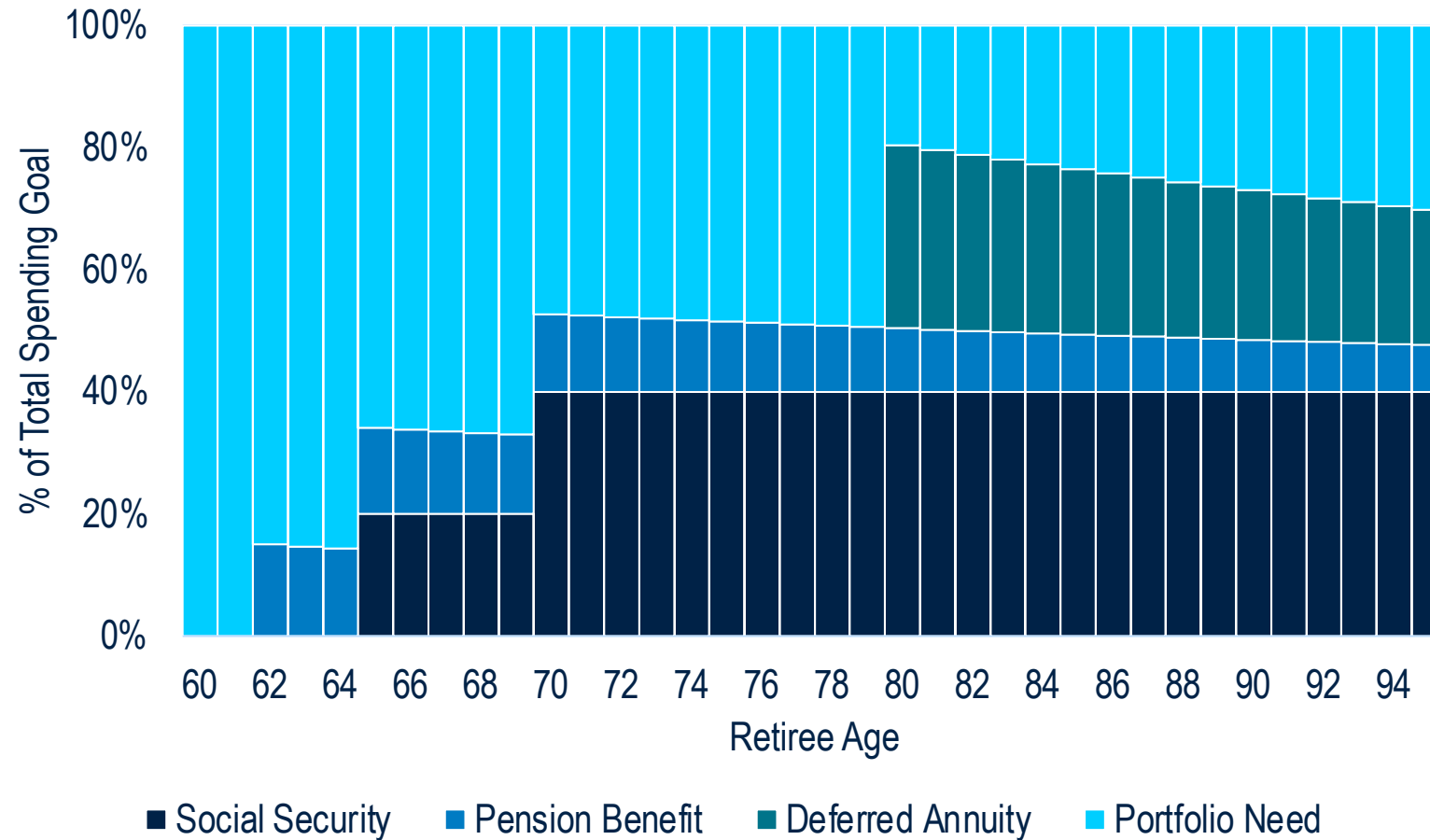
$$\text{Modified RMD} = \frac{1}{\text{Retirement Planning Period}}$$

This should be a personalized life expectancy estimate plus about five years.  
Check out <https://www.longevityillustrator.org/> for a great free tool!

# The Evolution of Retirement Wealth in a Monte Carlo Simulation with Dynamic Withdrawals



# Why Most Dynamic Models Don't Work...



Shown for illustrative purposes only. Source: PGIM DC Solutions.

# A Complete Financial Picture is Required



**Assets**



**Liabilities**

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# Using the Funded Ratio to Access Retirement Readiness

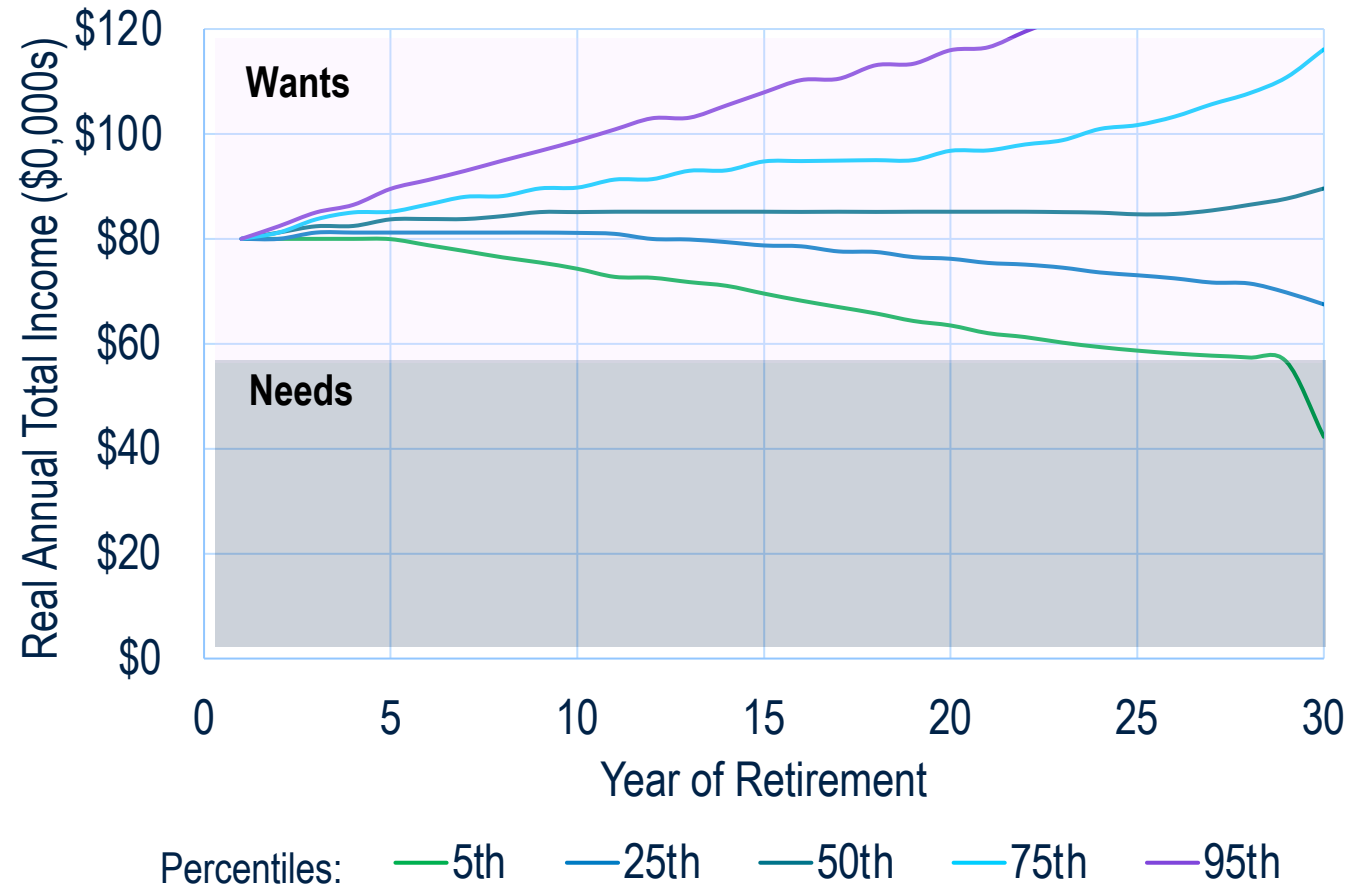
- The funded ratio is a metric commonly used to describe the health of pension plans but can more generally be used to estimate the overall financial situation for any goal (i.e., retiree consumption, college planning, etc.).
- The funded ratio is the total value of the assets, which includes both current balances and future expected income, divided by the liability, which would be all current and future expected spending.
- A funded ratio of 1.0 would imply that an individual has just enough assets to fully fund that goal. A funded ratio greater than 1.0 implies the individual has a surplus, while a funded ratio of less than 1.0 implies an individual has a shortfall.

# Adjusting Spending Based on the Funded Ratio

Assumed spending can be adjusted each year (of each run) based on the evolving funded ratios for the respective needs and wants goals.

| Funded Ratio | Needs | Wants |
|--------------|-------|-------|
| 0.00         | -20%  | -20%  |
| 0.25         | -10%  | -15%  |
| 0.50         | -5%   | -10%  |
| 0.75         | 0%    | -5%   |
| 1.00         | 0%    | 0%    |
| 1.25         | 0%    | 2%    |
| 1.50         | 0%    | 4%    |
| 1.75         | 2%    | 8%    |
| 2.00         | 4%    | 10%   |

# Spending Evolves as the Scenario Evolves



Source: “Redefining the Optimal Retirement Income Strategy” by David Blanchett. Published on 15 Dec 2022 in the *Financial Analysts Journal*.

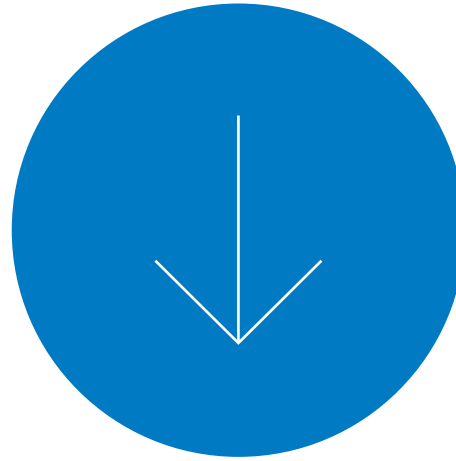


# Actual Retiree Spending



What retirees spend  
money on costs more

+



But they actually  
spend less

=



Spending declines...  
on average

# QUANTIFYING OUTCOMES

# Defining Outcomes



Shown for illustrative purposes only.

# Success Rates vs. Goal Completion

|         |    | Year  |       |       |       |       |       |       |       |       |       | Pass or Fail? | % of Goal |
|---------|----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|---------------|-----------|
|         |    | 1     | 2     | 3     | 4     | 5     | 6     | 7     | 8     | 9     | 10    |               |           |
| Run#    | 1  | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$90  | 0             | 99%       |
|         | 2  | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$80  | \$80  | 0             | 96%       |
|         | 3  | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$70  | \$70  | 0             | 94%       |
|         | 4  | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$60  | \$60  | \$60  | 0             | 88%       |
|         | 5  | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$50  | \$50  | \$50  | 0             | 85%       |
|         | 6  | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | 1             | 100%      |
|         | 7  | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | 1             | 100%      |
|         | 8  | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | 1             | 100%      |
|         | 9  | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | 1             | 100%      |
|         | 10 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | \$100 | 1             | 100%      |
| Average |    |       |       |       |       |       |       |       |       |       |       | 50%           | 96%       |

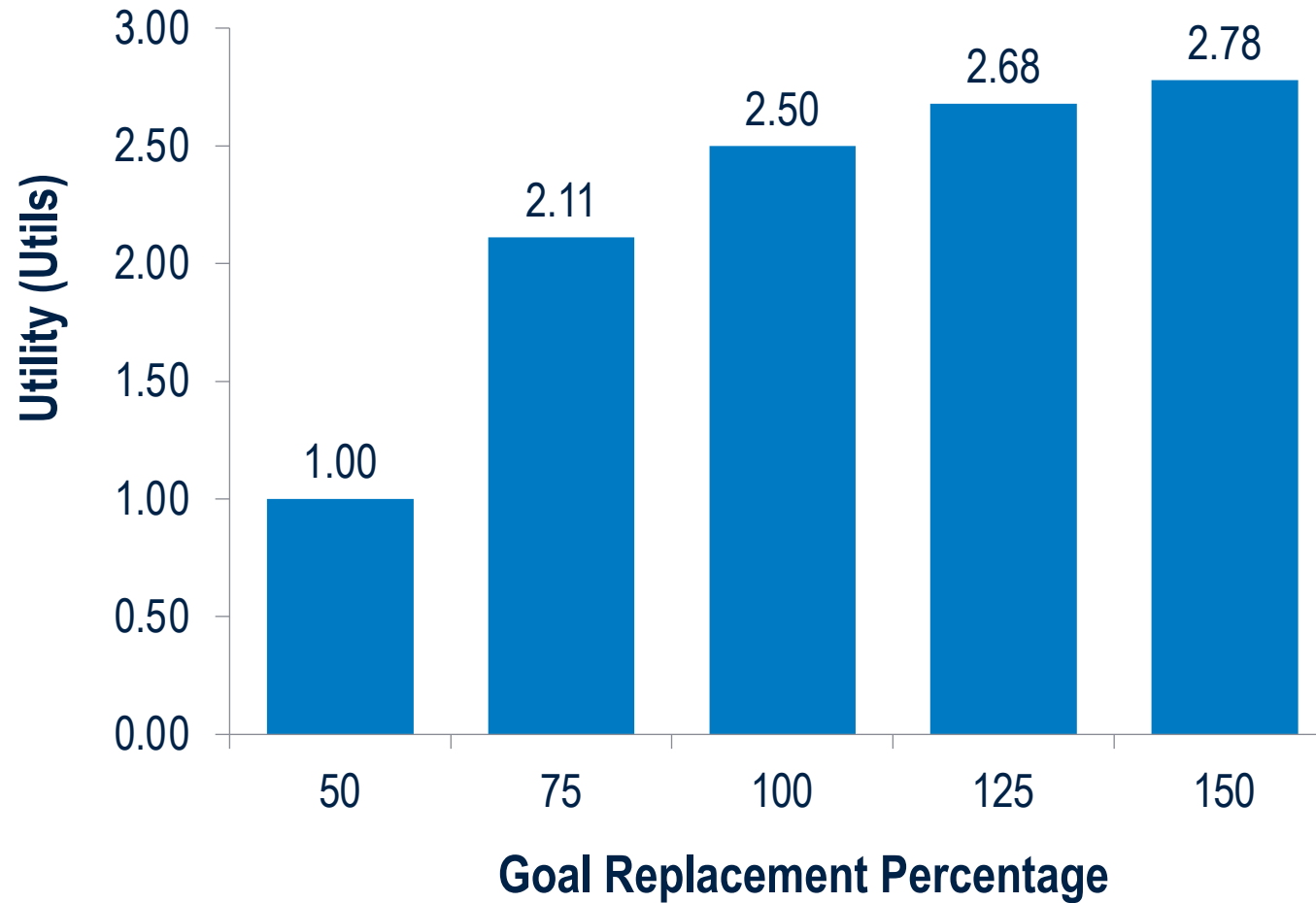
Shown for illustrative purposes only. Source: PGIM DC Solutions.

# Dynamic Spending Strategies and Success Rates



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# Using Utility to Quantify Preferences



50% (1.00 utils) and 150% (2.78 utils) results in average utility of 1.89 versus 2.50 for a consistent 100% replacement.

# Utility and Spending Goals

**Needs Shortfall**



**Wants Shortfall**

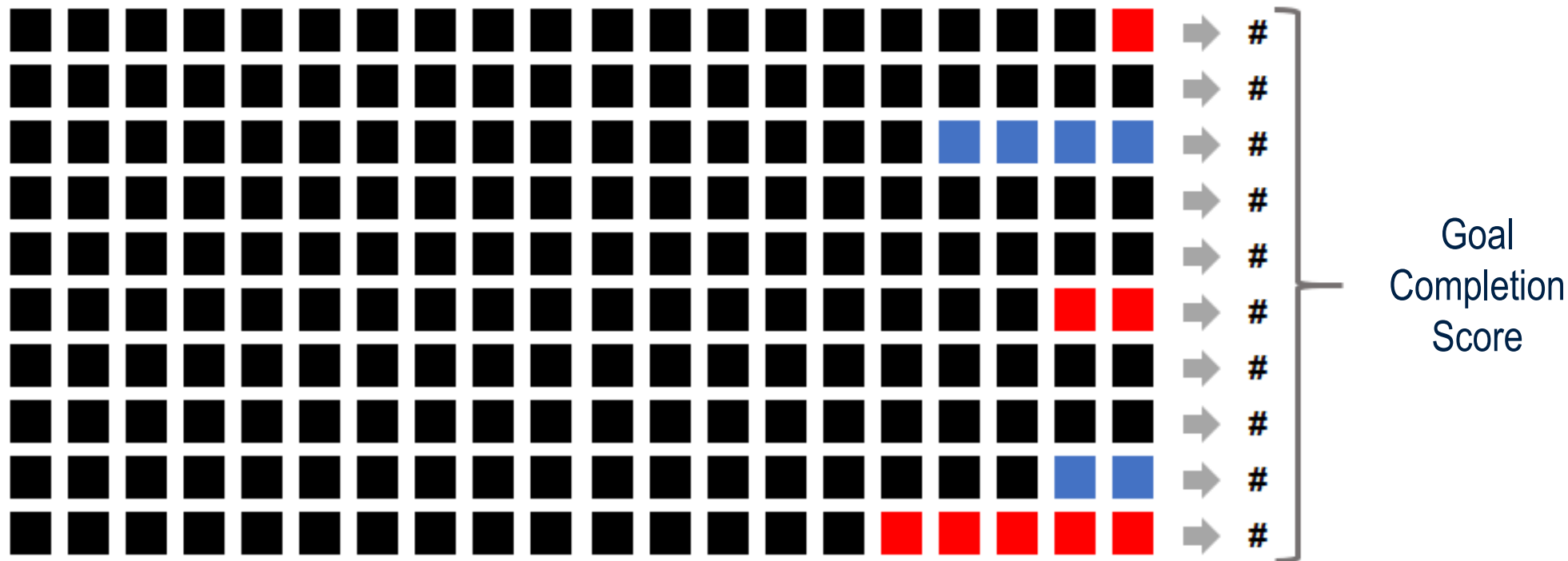


**Excess**



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# Aggregating Utility Values Across Years and Runs



Source: “Redefining the Optimal Retirement Income Strategy” by David Blanchett. Published on 15 Dec 2022 in the *Financial Analysts Journal*.



# The Goal Completion Score

- The goal completion score can be used to convey the overall efficacy of a given strategy to a retiree, that is in the spirit of more common metrics used in financial plans, such as the probability of success (higher is better, with a target of  $\sim 100$ ), but is more holistic, in that it considers preferences around spending elasticity.
- Could also be “mapped” to a more qualitative outcomes model



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# Goal Completion Can Yield Different Guidance/Advice

Traditional financial planning assumptions and probability of success-related recommendations are not necessarily affected by level of guaranteed income or spending elasticity, but these parameters can have a significant impact on optimal advice.

Initial Withdrawal Rates

|                |       | Need % of Goal |     |     |     |
|----------------|-------|----------------|-----|-----|-----|
|                |       | 30%            | 50% | 70% | 90% |
| Pension Income | \$10k | 4.1            | 4.0 | 4.0 | 3.8 |
|                | \$30k | 4.5            | 4.4 | 4.2 | 3.9 |
|                | \$50k | 5.1            | 4.8 | 4.6 | 4.0 |
|                | \$70k | 5.4            | 5.3 | 5.0 | 4.0 |
|                | \$90k | 5.3            | 5.4 | 5.4 | 4.0 |

Annuity Allocations

|                |       | Need % of Goal |     |     |     |
|----------------|-------|----------------|-----|-----|-----|
|                |       | 30%            | 50% | 70% | 90% |
| Pension Income | \$10k | 50             | 50  | 50  | 50  |
|                | \$30k | 25             | 30  | 35  | 40  |
|                | \$50k | 10             | 15  | 30  | 30  |
|                | \$70k | 0              | 0   | 15  | 25  |
|                | \$90k | 0              | 0   | 5   | 10  |

Source: “Redefining the Optimal Retirement Income Strategy” by David Blanchett. Published on 15 Dec 2022 in the *Financial Analysts Journal*.

# NOW WHAT?

# Now What?

WE HAVE MOVED



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# Option 1: Focus on Outcome Percentiles vs. Success Rates

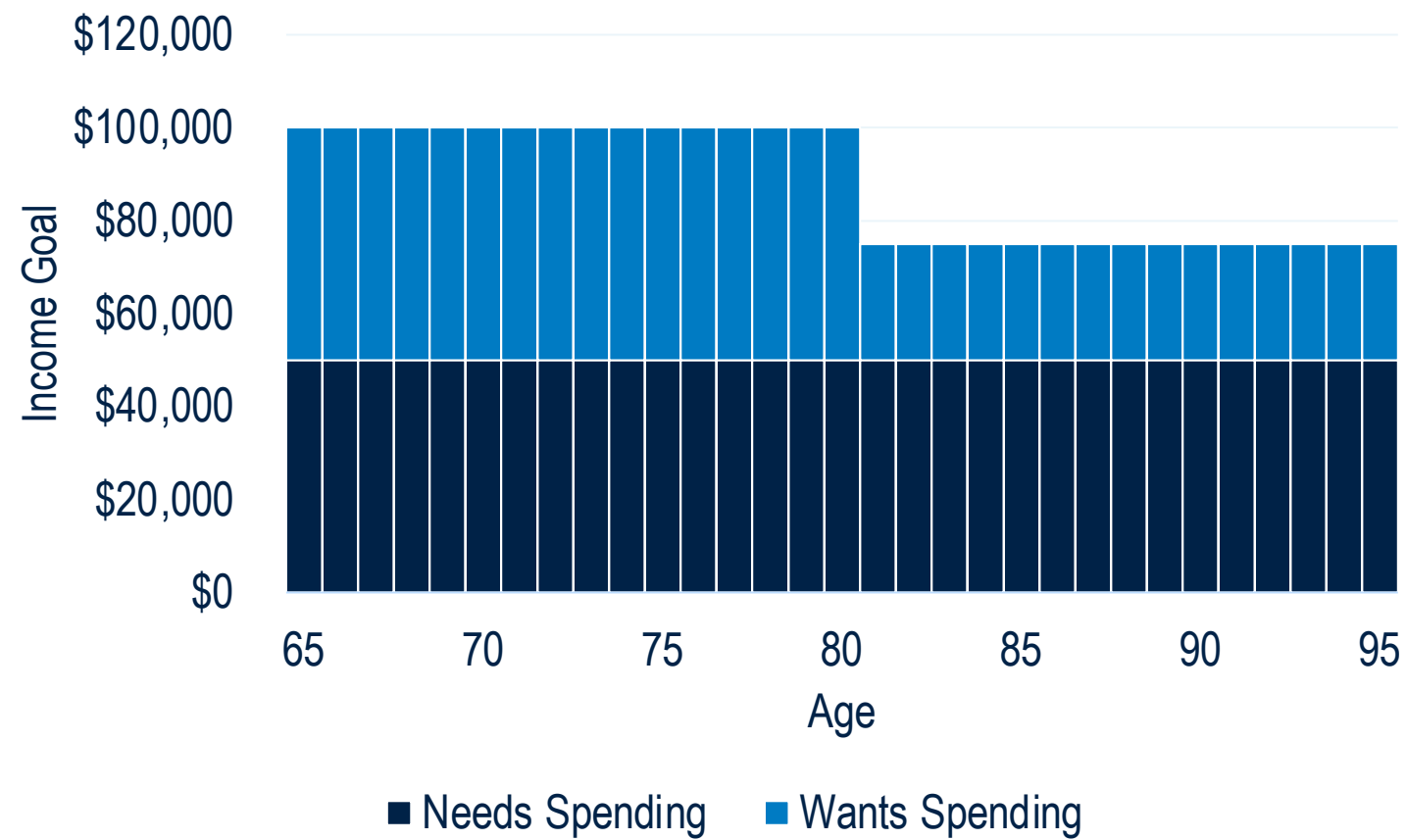
In the worst 1 in 10  
projected outcomes,  
you will have \$50,000 in  
income, in today's  
dollars at age 95

You have a 57.846%  
probability of success

## Option 2: Reduce Your Target Success Rate

~80%

# Option 3: Assume a Spending Cut in Retirement



Shown for illustrative purposes only. Source: PGIM DC Solutions.

# How Does This Model Affect Retirement Decisions?

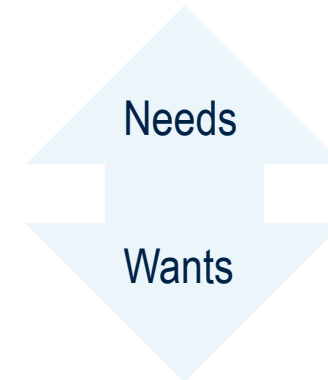
**Portfolio Withdrawal  
Rates**



**Portfolio Risk  
Levels**



**Allocations to  
Guaranteed Income**





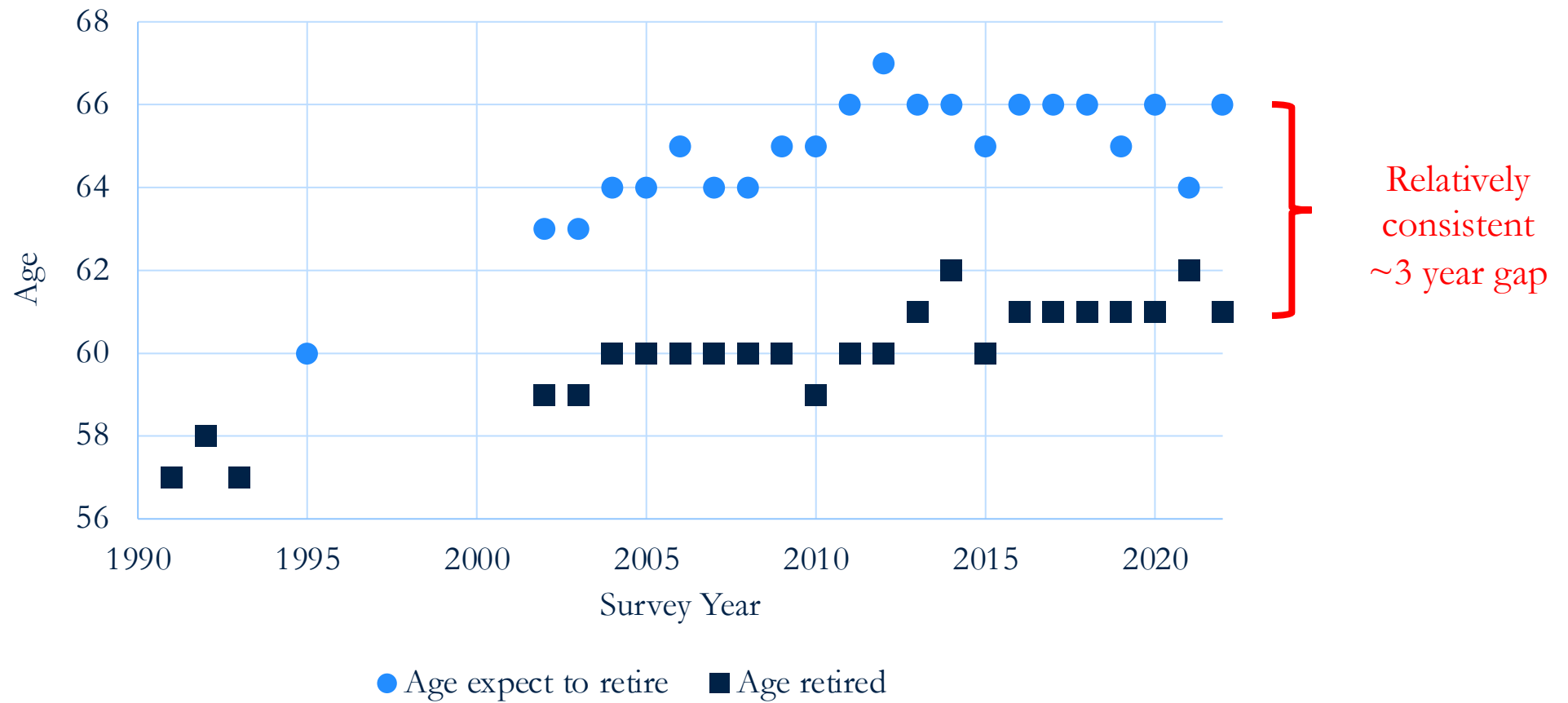
# MORE RANDOM VARIABLES?

# The Length of Retirement



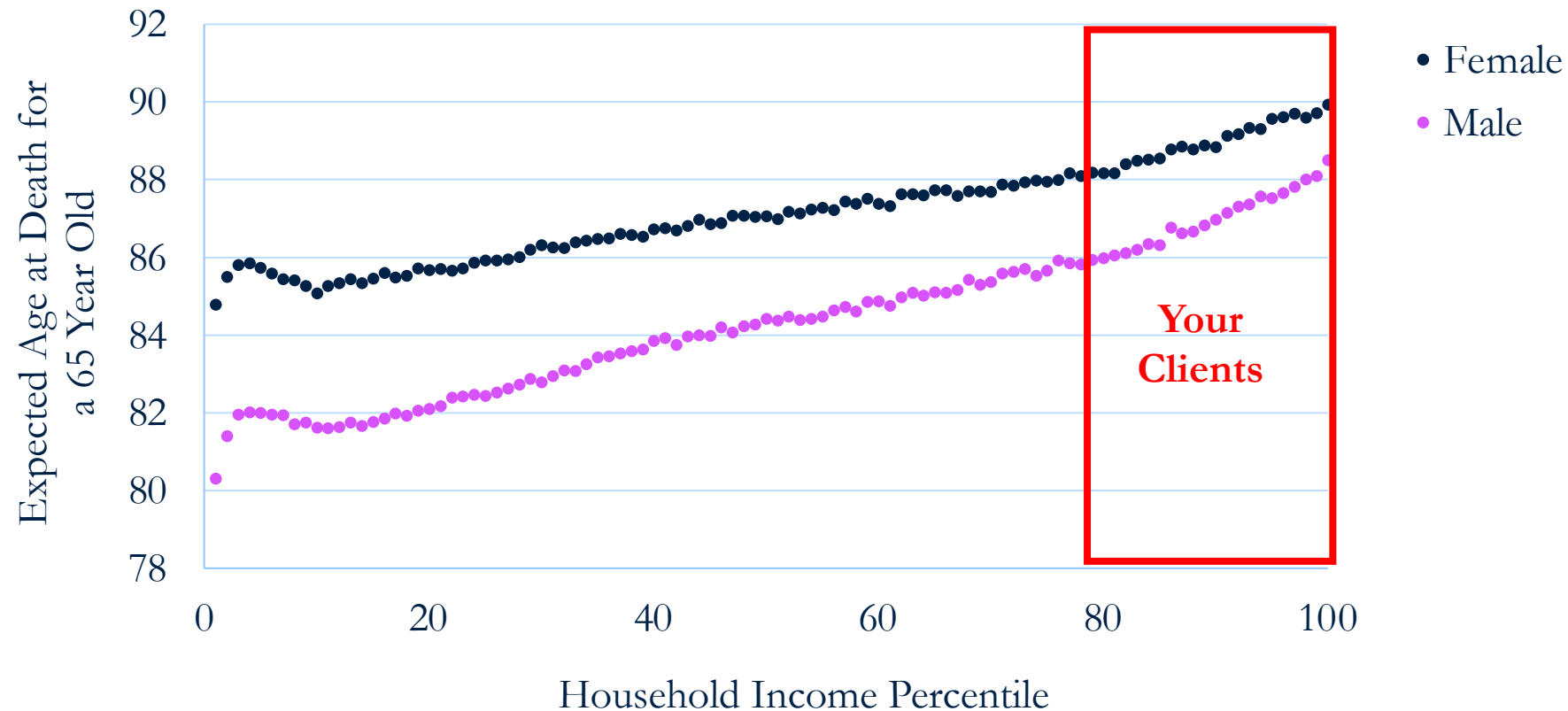
For illustrative purposes only.

# Retirement Expectations vs Reality



Source: <https://news.gallup.com/poll/394943/retiring-planning-retire-later.aspx>

# Life Expectancies by Income Level



# CONCLUSIONS

# Conclusions

- Despite significant advances in computing power and a relatively extensive body of research on the nature of retirement, assumptions in retirement research and income planning tools have evolved only modestly over the last 30 years.
- Improving our retirement income models can have a notable impact on advice and guidance for clients in multiple domains (e.g., withdrawal rates, portfolio risk levels, annuity allocations, etc).
- Even if you can't implement some of these methodologies today (e.g., dynamic withdrawals) you can at least tweak your modeling assumptions/approach to better calibrate your advice/guidance with a more robust approach.

# QUESTIONS

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